

Windows: Your View to the World (November 2007)

Windows symbolize your relationship to the outside world. If a tree or bush blocks your view, or if your windows are dirty and smudged, you may suffer from lack of clarity or blocked opportunities. Even depression can set in.

Conversely, when you look out your windows and see an inspiring sight, your outlook is uplifted. Enhancing your "chi" (energy) could be as simple as removing an obstructing plant, or placing a small piece of statuary, beautiful flowers, or birdbath outside a window. If you live in an apartment, hang a round faceted crystal in your window to receive rainbow energy throughout the day. Or consider window boxes full of flowers or seasonal plants. At the very least, keep your windows clean to enhance your outlook on life. Remember that windows are your view to the world.